

- CARE FAIR 2011 EVENT SCHEDULE -

Each class offers 1 Contact Hour (.1 CEU) of Continuing Education Credit

7:30 - 8:10: REGISTRATION - MORNING REFRESHMENTS - EXHIBITOR BOOTH TIME

8:10 - 8:30: WELCOME & INTRODUCTIONS

RED CLASSROOM

BLUE CLASSROOM

GREEN CLASSROOM

PURPLE CLASSROOM

YELLOW CLASSROOM

8:30 - 9:30

ALS Continuum of Care:
Findings & Implications
for the Prescription of
Seating, Mobility and
Assistive Technology

Shake, Rattle & Roll:
The Effects of Long Term
Exposure to Whole
Body Vibration (WBV)

Pediatric Power Mobility:
Functional Solutions for Kids

Bubba Zen:
A Texas Boy Talks About
Living in the Moment

Intro to Auto PAP Therapy

9:45 - 10:45

A Practical Guide to
Evaluation & Documentation
for Single & Multiple
Power Options

Managing Shoulder Pain:
To Push or Not To Push

Ride Safe: Wheelchair
Transportation Safety

Advancements in
Prosthetics & Orthotics:
Stance Control Orthosis

Home Oxygen Equipment:
Matching the Patient to
the Proper Device

10:45 - 11:30: EXHIBITOR BOOTH TIME

11:30 - 12:30

Interfacing Respiratory
Support Devices with
Power Mobility Systems

A Practical Guide to
Evaluation & Documentation
for Ultra-Lightweight
Manual Wheelchairs

Don't Just Sit There

Being The Difference

Advancements in OSA
Treatment Using Nasal EPAP
(Provent Therapy)

12:30 - 2:00: LUNCH BUFFET & EXHIBITOR BOOTH TIME

2:00 - 3:00

Intro to Augmentative &
Alternative Communication:
What Every Healthcare
Professional Should Know

Evaluation Forms & LMNs:
What Works and What
Doesn't for Seating &
Wheeled Mobility

Seating & Mobility with
Spinal Muscular Atrophy

A Caregiver's Guide
to Managing
Incontinence at Home

Conservator Oxygen or
Saturate Patients - Why
Choose? Let's Do Both

3:00 - 3:30: EXHIBITOR BOOTH TIME

3:30 - 4:30

Stay Out of the Rut: Avoiding
Old School Technologies
& Theories in Seating and
Mobility Prescription

Pressure Ulcer Management:
Addressing the Extrinsic Risks

The Benefits of
Gait Training

Contracting for
Accessible Home
Modifications

Sleep Disorder Breathing:
Diagnostic Options for Lab &
Home Testing; Guidelines,
Reimbursement and
Treatment Options

4:30 - 5:30: EXHIBITOR BOOTH TIME - HAPPY HOUR - CHOCOLATE FOUNTAIN - DOOR PRIZE RAFFLE - EVENT WRAP UP

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NOVEMBER 15, 2011

Hilton Seattle Airport
SEATTLE, WA

NOVEMBER 17, 2011

Red Lion Jantzen Beach
PORTLAND, OR

- CARE FAIR 2011 - CLASS DESCRIPTIONS

EACH CLASS WILL OFFER 1 CONTACT HOUR (.1 CEU) OF CONTINUING EDUCATION CREDIT

Continuing Education Credits are authorized by the International Association of Continuing Education & Training (IACET).
You can attend a maximum of 5 classes throughout the day and earn 5 Contact Hours (.5 CEUs) of Continuing Education Credit.

[The class descriptions and event schedule are also available on our website.](#)

Class handouts will be available on our website in early November to be printed prior to the events.

A CAREGIVER'S GUIDE TO MANAGING INCONTINENCE AT HOME: Urinary incontinence is not a "normal" part of aging. It is manageable with the right information, program and products and statistics show that many people can improve with the right techniques. This session will help you screen patients to identify their needs and determine proper products and toileting programs that promote continence. • *Christine Pruneau, RN, BSN - First Quality Products*

A PRACTICAL GUIDE TO EVALUATION & DOCUMENTATION FOR SINGLE & MULTIPLE POWER OPTIONS: This session will examine the coverage criteria and clinical benefits of the various power seating functions, provide the clinician with practical tools to incorporate into the evaluation and documentation requirements and assist the supplier in reading and interpreting the information in the medical record to determine when to provide a single vs. a multiple power option. • *Julie Piriano, PT, ATP/SMS - Pride Mobility Products*

A PRACTICAL GUIDE TO EVALUATION & DOCUMENTATION FOR ULTRA-LIGHT MANUAL WHEELCHAIRS: This session will examine the questions outlined in the National Coverage Determination for Mobility Assistive Equipment; provide the clinician with practical tools to incorporate into the evaluation and documentation requirements; assist the supplier in setting up an "optimally configured" wheelchair, as well as reading and interpreting the information in the medical record. • *Julie Piriano, PT, ATP/SMS - Pride Mobility Products*

ADVANCEMENTS IN OSA TREATMENT USING NASAL EPAP (PROVENT THERAPY): This session will provide a basic understanding of using a nasal EPAP device for the treatment of Obstructive Sleep Apnea (OSA). Participants will learn about Expiratory Positive Airway Pressure, including the mechanism of action key clinical outcomes demonstrating effectiveness and suggested guidelines for nasal EPAP use. • *Rajiv Doshi, MD - Ventus Medical*

ADVANCEMENTS IN PROSTHETICS & ORTHOTICS - STANCE CONTROL ORTHOSIS: The orthotic and prosthetic field has significantly changed in the past ten years. Orthosis and prosthesis have become lighter and stronger due to advancements in materials. Computers are incorporated into these devices to help regulate joint motion and send functional electronic stimulus. Stance control orthosis help regulate proper knee flexion and extension throughout stance and swing phases. This session will introduce these devices and educate participants on the proper patient population as well as indications and contraindications. • *Benjamin Clark, CPO & Garth Shippen, CO, LO - Hanger Prosthetics & Orthotics*

ALS CONTINUUM OF CARE - EMERGING FINDINGS & IMPLICATIONS FOR THE PRESCRIPTION OF SEATING, MOBILITY AND ASSISTIVE TECHNOLOGY: This session will provide an overview of the latest medical research and treatment strategies in ALS and other Motor Neuron Diseases. Medical researchers are finding a new perspective on potential ALS pathology, all the while Health Care Practitioners are advancing medical care, medical services, treatment interventions and thus new priorities emerge regarding HME equipment prescription. • *Lois Brown, MPT, ATP - Invacare*

BEING THE DIFFERENCE: A key element for those who love life is they make a difference in the lives of others – actually, more to the point, they are a difference in the lives of others. Let's discuss that point, the value helping others brings to us – your passion and your purpose. • *Dr. Gary Schwantz*

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BUBBA ZEN - A TEXAS BOY TALKS ABOUT LIVING IN THE MOMENT: We spend too much time in our lives either in our future or in our past. In the present is the only place we can find satisfaction in our work and those we care for, in our families and in our lives. There are no secrets to being in the moment, but there are good ideas. Join Dr. Schwantz as he shares the critical importance of awareness, spontaneity and spending time at the roadside park. • *Dr. Gary Schwantz*

CONSERVER OXYGEN OR SATURATE PATIENTS – WHY CHOOSE? LET’S DO BOTH!: This session will discuss and evaluate portable options for patients to allow maximum duration and maintenance of proper oxygen saturations. Current and new technologies will be explored from gas, liquid and portable concentrators that help patients maximize ambulation, utilize pulmonary rehab training, and improve performance. • *Ben Pales, RRT - Evo Medical Solutions*

CONTRACTING FOR ACCESSIBLE HOME MODIFICATIONS: This session will discuss concepts and principles of accessible home modification design that promote independence, safety and ease of caregiving. How designs may vary and access issues to consider depending upon age, diagnoses or injury will be discussed. Arranging for a qualified contractor and their role as a team player with your patient’s healthcare team will also be reviewed.

• *Bill Morrell, CAPS (Certified Aging-in-Place Specialist) - Adaptive Installations*

DON’T JUST SIT THERE: This session will explore why children and adults need frequent position changes and weight bearing to help prevent secondary complications associated with immobilization. Information on writing successful letters of medical necessity for standing devices will also be discussed. • *Andy Hicks, ATP - Altimate Medical*

EVALUATION FORMS & LMNs - WHAT WORKS AND WHAT DOESN’T FOR SEATING & WHEELED MOBILITY:

In this age of stricter coverage criteria, more stringent documentation requirements and increased scrutiny of the documentation for seating and mobility products, the clinician’s documentation becomes a critical tool to ensure appropriate reimbursement. What is considered to be a good evaluation form? What needs to be included and what is unnecessary? Are there specific pieces of information needed to justify certain types of products? How can you ensure that the information is interpreted correctly? What are the features of a good LMN? This session will help to answer these questions and provide a set of guidelines for clinical documentation for seating and wheeled mobility.

• *Elizabeth Cole, MSPT - The VGM Group*

HOME OXYGEN EQUIPMENT - MATCHING THE PATIENT TO THE PROPER DEVICE: This session will discuss the latest technologies in home oxygen equipment and will review all types of systems including portable oxygen concentrators, stationary concentrators and liquid systems. Criteria for matching patients to the appropriate home oxygen system and current Medicare reimbursement guidelines will also be reviewed.

• *Mark Kuipers, West Region Sales Manager - Philips Respironics*

INTERFACING RESPIRATORY SUPPORT DEVICES WITH POWER MOBILITY SYSTEMS: Interfacing respiratory support devices with power mobility systems can be challenging for clinicians and rehab equipment suppliers. Ventilators, Bi-PAP machines and suctioning equipment may require an on-board power source. Power diverters tap into the power chair batteries. An additional battery can be utilized to power these ancillary devices; however the location of a third battery may increase the system length & turning radius. Supplemental oxygen may also be required. It is important to understand the differences between gaseous and liquid oxygen and the challenges they pose for mounting & transportation on board a wheelchair. The orientation of batteries, liquid oxygen and ventilators must also be maintained, especially if power position systems (tilt and/or recline) are utilized. Case studies will be incorporated in this presentation to explore all of these aspects of respiratory device mounting and use.

• *Lois Brown, MPT, ATP - Invacare & Stephanie Tanguay, OTR, ATP - Motion Concepts*

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INTRO TO AUGMENTATIVE & ALTERNATIVE COMMUNICATION (AAC) - WHAT EVERY HEALTHCARE

PROFESSIONAL SHOULD KNOW: Have you ever struggled to communicate with a patient who has a speech or language impairment? Have you ever met a patient who could not speak or write and wondered “isn’t there something out there that could help this person?” In this session you will learn practical tips and tricks for effective communication with adults with speech and language impairments. You will also learn about high-tech, low-tech and no-tech augmentative and alternative communication (AAC) options that may improve your patients’ communication and quality of life, and how to help patients access AAC services and devices. • *Betts Peters, MA, CCC-SLP - ALS Association*

INTRO TO AUTO PAP THERAPY: This session will discuss the current treatment limitations of using fixed pressure CPAP to treat Obstructive Sleep Apnea. The benefits of utilizing Auto PAP therapy will be discussed and patient preference and compliance literature will be reviewed. An overview of new AutoCPAP technology will also be presented.

• *April Humphreys, National Account Manager - Fisher & Paykel Healthcare*

MANAGING SHOULDER PAIN - TO PUSH OR NOT TO PUSH: According to independent studies, 80% of wheelchair users are dealing with shoulder pain. For many of these individuals the root cause can be traced back to wheelchair propulsion. This session will review how to identify challenges in propulsion before they become problematic as well as what types of interventions are being employed and their expected results.

• *Scott Brown, National Sales Manager & Chad Doiron, BScKin - Magic Wheels, Inc.*

PEDIATRIC POWER MOBILITY - FUNCTIONAL SOLUTIONS FOR KIDS: When is the right time for power mobility? What are the benefits of providing access to power mobility early in a child’s life? This session will address these questions and help participants understand and articulate a child’s skills and abilities, prior to prescribing a power wheelchair. Through the use of research and case studies, participants will learn the importance of a thorough subjective evaluation in addition to physical examination to determine the most appropriate mobility device for pediatric clients. Time will also be allotted for audience participation and discussion. • *Amy Morgan, PT, ATP - Permobil, Inc.*

PRESSURE ULCER MANAGEMENT - ADDRESSING THE EXTRINSIC RISKS: There are many variables to consider when choosing a wheelchair seating system, particularly cushions, which are critical to a client’s skin integrity. When determining what wheelchair cushion will meet a specific client’s needs, one must consider the general goals of the seating system, along with the client’s individual risk factors. There are many intrinsic and extrinsic risk factors for pressure ulcer prevention and treatment that must be evaluated for each client to maximize their functional potential and minimize their risk for pressure ulcers. The prescribing clinician or equipment supplier must not only identify the risk factors for each client, but also develop strategies to manage the risks. Discussions in this interactive session will revolve around identifying each of the extrinsic risk factors for pressure ulcers and discussing multiple ways to manage each risk factor; ranging from correction of postural asymmetries, product/accessory selection and implementation, and client education. Clinical Practice Guideline resources and their specific recommendations for prevention and treatment of pressure ulcers as they relate to support surfaces will also be identified and discussed.

• *Tricia Henley Garven, MPT, ATP - The ROHO Group*

RIDE SAFE - WHEELCHAIR TRANSPORTATION SAFETY: Most persons who use wheelchairs will at some time be transported seated in their wheelchairs in personal vehicles, school busses, and/or public transportation. The session will begin with a review of the relevant standards, WC-18, WC-19 and WC-20, addressing transportation safety. Considerations for transportation safety when selecting and recommending the wheelchair base, seating, hardware and postural supports to improve safety during transportation, keeping in mind the client’s medical, mobility and postural needs will be discussed. Best practice for use of transit safety technologies will be presented. Case stories will include common misuse and strategies for making the ride safer. • *Sue Johnson, Director of Education - Columbia Medical*

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SHAKE, RATTLE AND ROLL - THE EFFECTS OF LONG TERM EXPOSURE TO WHOLE BODY VIBRATION:

The effects of long term exposure to Whole Body Vibration (WBV) has been known to result in low back injury, neck pain, fatigue, changes in blood circulation and damage to internal organs such as the digestive system. Studies have shown that wheelchair users are exposed to WBV above recommended levels. This session will examine the effects of WBV on the body as well as seating strategies and products to minimize the effects for wheelchair users.

• *Susan Cwiertnia, MS, PT - VARILITE*

SEATING & MOBILITY WITH SPINAL MUSCULAR ATROPHY: Spinal Muscular Atrophy (SMA) is a genetic condition which results in deterioration or wasting of the musculature. There are different types of spinal muscular atrophy based on symptoms and age of onset. Each type is characterized by a different rate of progression. Complications of the respiratory system are common with many types of SMA. Orthopedic changes to the spine can occur and proximal strength and function of the limbs frequently diminishes. Although SMA is sometimes included under the muscular dystrophies, it has some very specific characteristics. Some forms of SMA present with more focused deterioration of the respiratory function, facial musculature or lower limb function. This session will focus on the seating, support and control interface needs for clients with various forms of SMA. • *Stephanie Tanguay, OTR, ATP - Motion Concepts*

SLEEP DISORDER BREATHING - DIAGNOSTIC OPTIONS FOR LAB & HOME TESTING; GUIDELINES, REIMBURSEMENT AND TREATMENT OPTIONS: This session will discuss the need for sleep testing, the Polysomnography (PSG) process, protocols for home and lab testing and reimbursement guidelines. The association between obstructive sleep apnea and co morbidities will also be reviewed as well as right positive pressure algorithms to fit patient needs. • *Mark Kuipers, West Region Sales Manager - Philips Respironics*

STAY OUT OF THE RUT - AVOIDING OLD SCHOOL TECHNOLOGIES & THEORIES IN SEATING AND MOBILITY PRESCRIPTION: The arena of seating and positioning has grown exponentially over the last two decades with an explosion of innovative technology and new and different ideas regarding how we can best seat our clients for function. Unfortunately, sometimes we get stuck in a rut with what we provide for our clients and the theories behind our decisions. Have we stayed abreast of the most recent thoughts on seating? Are we misusing or over-using specific types of products or accessories based on old school thoughts and comfort zones? This session will examine some of the examples of old school theory and potentially misused and overused options that are commonly encountered in seating and positioning prescription, along with potential alternatives to consider. • *Elizabeth Cole, MSPT - The VGM Group*

THE BENEFITS OF GAIT TRAINING: Participants of this session will gain knowledge of gait training, including different settings that it can be utilized in and how to evaluate and determine which patients will be best suited for a gait training routine. Participants will also learn to identify and measure the physical, social, and psychological benefits of gait training and become familiar with products that are readily available on the market how to effectively compare and differentiate them. • *Melissa Fansler, ATP - Innovation In Motion*

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*Free Morning Refreshments • 25 Classes Offering Free CEUs • Free Hot Lunch Buffet
Visit Over 50 Exhibitor Booths & View the Latest Technologies in Home Medical & Respiratory Equipment
Free Chocolate Fountain • Free Happy Hour (Beer & Wine) • Fabulous Door Prize Raffle*

**CARE FAIR IS FREE FOR ATTENDEES
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